



## HAPPY IMBOLC!

FEBRUARY 2ND MARKS THE MIDDLE OF WINTER. WE CELEBRATE THE COMING SPRING AND LOOK TO THE FUTURE. FOR WITCHES IMBOLC IS AN OPPORTUNITY TO RECONNECT WITH THE EARTH IN A RITUAL OF BLESSING AND PURIFICATION. IMBOLC BLESSINGS CAN HELP US MANIFEST OUR DREAMS BUT THOSE BLESSINGS SO THINK ABOUT WHICH STEPS YOU ARE READY TO TAKE AND FOCUS YOUR ENERGY WHERE YOU KNOW YOU WILL MOVE FORWARD.

WE ARE BLESSED TO HAVE GORGEOUS HEALING AND ACTIVATING ENERGY FROM A WAXING MOON IN TAURUS. IF YOU ARE PLANTING SEEDLINGS THIS YEAR, INCLUDE THE SEEDS IN THIS RITUAL FOR BLESSING.

BEGIN BY SMUDGING YOUR SPACE, SPRAYING THE AIR AS APPROPRIATE IN CLOCKWISE CIRCLES (MIST AT LEAST ONCE EVERY 5 FEET). YOU ARE CLEANSING AWAY OLD ENERGIES, RAISING THE VIBRATION OF THE ENERGY AROUND YOU, AND WELCOMING NEW ENERGIES AND BLESSINGS.

FILL THE TUB WITH HOT WATER. WHEN IT HAS REACHED A TEMPERATURE THAT IS COMFORTABLE FOR YOU TO SIT IT, POUR THE SALTS IN THE WATER. ESSENTIAL OILS ARE SENSITIVE TO HEAT - DON'T ADD THE SALTS TOO EARLY OR YOU WILL LESSEN THEIR POWER. STEP IN THE TUB AND LET THE BLOSSOMS AND SCENTS NOURISH YOUR SOUL. DRAW TO YOUR ATTENTION WHERE YOU WOULD LIKE TO MOVE FORWARD. LET YOUR MIND EXPLORE WHAT THAT WOULD LOOK LIKE. VISUALIZE WITH LOVE WHAT YOU WOULD LIKE TO ACHIEVE. WHEN YOU ARE READY, DRAIN THE TUB AND TOWEL OFF. THE BUDS IN THE TUB MAY BE THROWN OUTSIDE AS AN OFFERING TO THE EARTH.

CAST YOUR CIRCLE AND APPLY A HEAVY LAYER OF FLYING OIL ON YOUR 3RD EYE (THE SPACE BETWEEN YOUR EYEBROWS). LIGHT THE PURIFICATION RITUAL CANDLE AND BURN SOME OF THE BLESSINGS INCENSE. THE SCENTS OF THE TWO WILL RELAX AND PROTECT YOU AS YOU MEDITATE.

APPLY THE BRIGIT OIL TO YOUR PULSE POINTS AND FEEL HER NURTURING BUT ACTIVE ENERGY AS YOU INVOKE HER TO BE WITH YOU AND ASSIST YOU ON THIS BLESSED DAY.

PLACE THE CRYSTALS AROUND YOU, NEAR YOUR ROOT CHAKRA. THE ONYX SHARES PROTECTIVE ENERGY AND AIDS IN TRANSFORMATION. THE ROUGH CARNELIAN REPRESENTS THE UNTAPPED POTENTIAL THAT YOU WILL BE RELEASING.

HOLD THE TUMBLED CARNELIAN IN YOUR RECEIVING HAND (THE HAND OPPOSITE TO THE ONE THAT YOU WRITE WITH). IF YOU HAVE SEEDS, HOLD THEM AS WELL AS THE CARNELIAN. SHARE WITH BRIGIT THE VISION THAT YOU SAW IN THE BATH AND INVITE HER TO SHARE HER THOUGHTS. LET YOUR MIND FLOW, WITH THE COMMITMENT TO RECORD ALL THOUGHTS AND IMAGES IN YOUR BOOK OF SHADOWS AFTER THE RITUAL. SOME MESSAGES CAN BE VERY CLEAR, SOME MAY TAKE TIME TO UNDERSTAND. THIS WILL HAPPEN WHEN YOU ARE READY. YOU MAY NOT GET ANY MESSAGES AT ALL, JUST A FEELING OF COMFORT AND READINESS. GENERALLY THIS IS A SIGN THAT YOU KNOW WHAT YOU NEED TO DO :)

CARRY THE TUMBLED CARNELIAN WITH YOU AFTER RITUAL TO GIVE YOU ENERGY AND INSPIRATION WHEN YOU NEED IT.

OR IF YOU WANT TO DO IT OLD SCHOOL,

ON THE EVENING BEFORE IMBOLC PLACE FLOWERS, GREENS AND A CANDLE ON YOUR ALTAR. ON IMBOLC OPEN A DOOR OR WINDOW TO LET THE FRESH AIR IN AND CHANT THREE TIMES: "BRIGID IS COME! BRIGID IS WELCOME!"